



# **Good Enough Is the New Perfect: Finding Happiness and Success in Modern Motherhood**

Rebecca Gillespie, Hollee Temple

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We're the generation destined to have it all—great job, perfect family and time to enjoy both. But between conference calls and soccer practices, do you feel like you've lost track of what really makes you happy? Are you finding out that you can't do everything?

The truth is that you can have it all. The secret is creating an "all" that you love.

Join a new wave of mothers who are learning to let go of the little things and focus on what they really want out of their career, family and life. Through their groundbreaking research, Becky Beaupre Gillespie and Hollee Schwartz Temple have discovered a paradigm shift in motherhood: more and more mothers are losing their "never enough" attitude and embracing a Good Enough mindset to be happier, more confident and successful. Filled with inspiring accounts from working mothers and drawn from the latest research, Good Enough Is the New Perfect is a roadmap for the incredible balancing act we call motherhood.



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