



The Eating Disorder Sourcebook

Carolyn Costin

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Provides a compassionate and comprehensive look at this potentially fatal disorder through a multidimensional approach that incorporates nutritional, psychological, and biochemical aspects. Costin addresses questions about the cause, treatment, and prevention of anorexia nervosa, bulimia, binge eating disorder, and activity disorder. Patients, families, and professionals may avail themselves of up-to-date information on treatment programs, family therapy, and support groups.

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