



Social Dance, Third Edition (Enhanced Version)

Judy Patterson Wright

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Feel confident on the dance floor—step by step! *Social Dance: Steps to Success—Enhanced Edition* will teach you all the moves for 10 of today's most popular dance styles: merengue, four-count swing and hustle, waltz, six-count swing, foxtrot, polka, cha-cha, rumba, tango, and salsa and mambo.

The first few learning steps in this book introduce you to the foundational skills and concepts you need for success on the dance floor. Each step you take is a smooth transition from the previous one. As you progress, you learn not only how your posture and footwork affect your balance but also how to connect your footwork with the music, adjust to a partner, make the transition between partner positions, and create sequences from variations of each dance's specific rhythmic step pattern.

Each of the steps also explains why the concept or skill is important, identifies the keys to correcting technique, helps you avoid common errors, and provides drills to practice at your own pace. The later steps show how to demonstrate dance etiquette, including how to adapt to a crowded social dance floor.

Social Dance: Steps to Success-Enhanced Edition is written by master teacher and dancer Judy Wright and includes more than 150 video clips for practice and demonstrations of key movements, footwork, and the dances themselves. The book is part of the best-selling *Steps to Success* activity series, with more than 2 million copies sold worldwide.

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