



# Trance Journeys of the Hunter-Gatherers: Ecstatic Practices to Reconnect with the Great Mother and Heal the Earth

*Nicholas E., Ph.D. Brink*

Download now

[Click here](#) if your download doesn't start automatically

# Trance Journeys of the Hunter-Gatherers: Ecstatic Practices to Reconnect with the Great Mother and Heal the Earth

*Nicholas E., Ph.D. Brink*

## **Trance Journeys of the Hunter-Gatherers: Ecstatic Practices to Reconnect with the Great Mother and Heal the Earth** Nicholas E., Ph.D. Brink

Regaining oneness with the Earth through the practice of ecstatic trance

- Explains how the shamanic techniques of ecstatic trance allow us to connect with animal spirit guides, shape-shift, and discover ways to help heal the Earth
- Shows how to create personal rituals to maintain oneness with the Earth and all life
- Illustrates trance postures and rituals from a variety of hunter-gatherer societies, including ancient Celtic, Norse, Native American, and South American traditions

Early man ran with the animals, lived with the animals, and was one with the wild symphony of the natural world--a time fondly remembered as the Garden of Eden, or Idunn as it is known in Norse mythology. But as humanity shifted from a hunter-gatherer lifestyle to one of farming and cities, embracing the modern worldview of man's superiority over nature, we began ignoring our innate connection with the Earth. Now we are waking up to what we've lost, yearning to heal our relationship with the Earth and rekindle the oneness with nature that we naturally enjoyed as children.

Drawing on the work of Felicitas Goodman, Thomas Berry, Ervin Laszlo, and other important voices calling for recognition of our connection with all life, author Nicholas Brink shows how ecstatic trance can return us to profound union with our Great Mother, the Earth. He details the specific healing and spiritual powers of trance postures and rituals from a variety of hunter-gatherer societies, including ancient Celtic, Norse, Native American, and South American traditions. He explains how the shamanic techniques of ecstatic trance allow us to access waking-dreamlike visions where we can connect with animal spirit guides, the six directions, and the seasons and discover ways to help heal the Earth. We can shape-shift to see through the eyes of each species of flora and fauna, interacting with life-forms in the skies, on land, in the seas, and underground, as well as journey to the realm of the dead to meet our ancestors.

Sharing personal trance experiences of healing, spiritual connection, and divination, Brink shows how these practices enable us to create personal rituals to maintain oneness with all life. He reveals the spiritual power of being one with your environment and experiencing the spirits of everything around you. And, as we reconnect with the spirit of the Earth, we can once again experience the world not only as alive but also enchanted.

 [Download Trance Journeys of the Hunter-Gatherers: Ecstatic ...pdf](#)

 [Read Online Trance Journeys of the Hunter-Gatherers: Ecstati ...pdf](#)

## **Download and Read Free Online Trance Journeys of the Hunter-Gatherers: Ecstatic Practices to Reconnect with the Great Mother and Heal the Earth Nicholas E., Ph.D. Brink**

---

### **From reader reviews:**

#### **Louise Schmidt:**

Why don't make it to become your habit? Right now, try to prepare your time to do the important action, like looking for your favorite e-book and reading a guide. Beside you can solve your long lasting problem; you can add your knowledge by the reserve entitled Trance Journeys of the Hunter-Gatherers: Ecstatic Practices to Reconnect with the Great Mother and Heal the Earth. Try to make book Trance Journeys of the Hunter-Gatherers: Ecstatic Practices to Reconnect with the Great Mother and Heal the Earth as your good friend. It means that it can to be your friend when you sense alone and beside that course make you smarter than ever. Yeah, it is very fortunated for you. The book makes you more confidence because you can know every thing by the book. So , let me make new experience as well as knowledge with this book.

#### **Jonathan Ownby:**

Book is usually written, printed, or outlined for everything. You can realize everything you want by a e-book. Book has a different type. As it is known to us that book is important factor to bring us around the world. Beside that you can your reading skill was fluently. A book Trance Journeys of the Hunter-Gatherers: Ecstatic Practices to Reconnect with the Great Mother and Heal the Earth will make you to be smarter. You can feel considerably more confidence if you can know about every thing. But some of you think this open or reading any book make you bored. It is not make you fun. Why they may be thought like that? Have you searching for best book or acceptable book with you?

#### **Monica Philson:**

You could spend your free time to study this book this guide. This Trance Journeys of the Hunter-Gatherers: Ecstatic Practices to Reconnect with the Great Mother and Heal the Earth is simple to deliver you can read it in the area, in the beach, train and soon. If you did not possess much space to bring the actual printed book, you can buy often the e-book. It is make you simpler to read it. You can save the actual book in your smart phone. Thus there are a lot of benefits that you will get when one buys this book.

#### **William Marsh:**

You can find this Trance Journeys of the Hunter-Gatherers: Ecstatic Practices to Reconnect with the Great Mother and Heal the Earth by check out the bookstore or Mall. Just viewing or reviewing it can to be your solve problem if you get difficulties on your knowledge. Kinds of this reserve are various. Not only by simply written or printed but additionally can you enjoy this book by simply e-book. In the modern era such as now, you just looking of your mobile phone and searching what their problem. Right now, choose your personal ways to get more information about your book. It is most important to arrange you to ultimately make your knowledge are still upgrade. Let's try to choose suitable ways for you.

**Download and Read Online Trance Journeys of the Hunter-Gatherers: Ecstatic Practices to Reconnect with the Great Mother and Heal the Earth Nicholas E., Ph.D. Brink #UN320PG8ZQM**

## **Read Trance Journeys of the Hunter-Gatherers: Ecstatic Practices to Reconnect with the Great Mother and Heal the Earth by Nicholas E., Ph.D. Brink for online ebook**

Trance Journeys of the Hunter-Gatherers: Ecstatic Practices to Reconnect with the Great Mother and Heal the Earth by Nicholas E., Ph.D. Brink Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Trance Journeys of the Hunter-Gatherers: Ecstatic Practices to Reconnect with the Great Mother and Heal the Earth by Nicholas E., Ph.D. Brink books to read online.

## **Online Trance Journeys of the Hunter-Gatherers: Ecstatic Practices to Reconnect with the Great Mother and Heal the Earth by Nicholas E., Ph.D. Brink ebook PDF download**

**Trance Journeys of the Hunter-Gatherers: Ecstatic Practices to Reconnect with the Great Mother and Heal the Earth by Nicholas E., Ph.D. Brink Doc**

Trance Journeys of the Hunter-Gatherers: Ecstatic Practices to Reconnect with the Great Mother and Heal the Earth by Nicholas E., Ph.D. Brink Mobipocket

Trance Journeys of the Hunter-Gatherers: Ecstatic Practices to Reconnect with the Great Mother and Heal the Earth by Nicholas E., Ph.D. Brink EPub