



Cinema Nirvana: Enlightenment Lessons from the Movies

Dean Sluyter

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Movie fans and spiritual seekers, unite! In *Cinema Nirvana*, veteran meditation teacher and film critic Dean Sluyter illuminates the hidden enlightenment teachings of *Casablanca*, *Jaws*, *The Graduate*, *The Godfather*, *Memento*, *Easy Rider*, *Invasion of the Body Snatchers*, *The Big Sleep*, *Fistful of Dollars*, and half a dozen more classic films, revealing spiritual wisdom in everything from 007's secret weapons to the colors of the Seven Dwarfs' eyes.

So grab your popcorn, sit back, and prepare to have your mind opened. Cinema Nirvana is a funny but wise, practical but wildly entertaining guide to finding enlightenment...one movie at a time.

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