



The First Day of the Rest of My Life

Cathy Lamb

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In this deeply moving and wonderfully insightful novel, acclaimed author Cathy Lamb explores what can happen when one woman decides to reclaim her past-and her future-no matter where they lead. . .

Madeline O'Shea tells people what to do with their lives. A renowned life coach, she inspires thousands of women through her thriving practice-exuding enviable confidence along with her stylish suits and sleek hair. But her confidence, just like her fashionable demeanor, is all a front.

For decades, Madeline has lived in fear of her traumatic past becoming public. Now a reporter is reinvestigating the notorious crime that put Madeline's mother behind bars, threatening to destroy her elaborate façade. Only Madeline's sister, Annie, and their frail grandparents know about her childhood--but lately Madeline has reason to wonder if her grandparents also have a history they've been keeping from her.

As the demons of the past swirl around her, a tough, handsome judge with a gentle heart is urging Madeline to have faith in him-and in herself. And as she allows her resistance to thaw, the pain she expects pales in comparison to the surprises headed straight to her door. With one bold, unprecedented move, Madeline O'Shea may just wake up out of the sadness and guilt that have kept her sleepwalking through life for so long-and discover that the worst thing that can happen is sometimes the very thing we desperately need.

The First Day of the Rest of My Life is an eloquent and triumphant tale of a fierce act of love, a family's legacy, and one woman's awakening to her own power-with no secrets. . . .

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