



Look Great Naturally... Without Ditching the Lipstick

Janey Lee Grace

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Look Great Naturally... Without Ditching the Lipstick Janey Lee Grace

Now in a package as beautiful as you will be after incorporating its advice, *Look Great Naturally... without ditching the lipstick* is the most up-to-date guide to a perfectly natural transformation in your beauty regime and your lifestyle. Revised and updated to include all of the latest information on diet, the best sources for natural products and guidance on ethical fashion. *Look Great Naturally* will help you:

- enhance your health and well-being – from raw food to superfoods, and natural remedies to alternative therapies
- discover natural skincare and beauty – make-up and goodies that are good for you, the environment, and your purse!
- create your own haven – clutter clearing, feng shui, creating an ethical wardrobe and lots of great time-saving tips
- reduce stress levels, and how to manifest your desires and get the balance right...

...and much more, including Janey's tried and tested recommendations and top tips for every idea.

You'll be amazed how easy and fun it can be to make those small changes that add up to make such a big difference.

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