



Kissing a Frog

Sharlene Hawkes

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Kissing a Frog

Sharlene Hawkes

Kissing a Frog Sharlene Hawkes **Stuck inside your comfort zone?**

Find the strength to take life-changing risks . . .

Sharlene Hawkes says taking calculated risks is the only way to improve your life. As a long-shot contestant at the most widely publicized Miss America pageant in U.S. history; as one of the first women to fight her way into the traditionally male-dominated world of sports broadcasting; even in her decision to set aside a healthy salary to be home with her children, Sharlene Hawkes hasn't shied away from the possibility of failure. Along the way she has learned to bridle her fears—the same fears of personal inadequacy that plague everyone.

Filled with inspiring true stories of heroes large and small, *Kissing a Frog: Four Steps to Finding Comfort Outside Your Comfort Zone* shares the same message that has already inspired the thousands who attend Sharlene's seminars to meet life's challenges head-on.

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