



# **Perdona y sé libre: Una guía paso a paso para soltar, sanar y ser plenamente feliz (Spanish Edition)**

*Ana Holub*

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# Perdona y sé libre: Una guía paso a paso para soltar, sanar y ser plenamente feliz (Spanish Edition)

Ana Holub

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**"Perdona y sé libre ofrece con claridad y paso a paso las herramientas que necesitas para estar emocionalmente sano, feliz y compasivo contigo y con los demás. ¡Altamente recomendable!"**

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- # Ser testigo de los cambios
- # Examinar las lecciones
- # Expandir el alma
- # Emanar una nueva vida

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