



Smashed: Story of a Drunken Girlhood

Koren Zailckas

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Garnering a vast amount of attention from young people and parents, and from book buyers across the country, *Smashed* became a media sensation and a **New York Times** bestseller. Eye-opening and utterly gripping, Koren Zailckas's story is that of thousands of girls like her who are not alcoholics—yet—but who routinely use booze as a shortcut to courage and a stand-in for good judgment.

With one stiff sip of Southern Comfort at the age of fourteen, Zailckas is initiated into the world of drinking. From then on, she will drink faithfully, fanatically. In high school, her experimentation will lead to a stomach pumping. In college, her excess will give way to a pattern of self-poisoning that will grow more destructive each year. At age twenty-two, Zailckas will wake up in an unfamiliar apartment in New York City, elbow her friend who is passed out next to her, and ask, "Where are we?" **Smashed** is a sober look at how she got there and, after years of blackouts and smashups, what it took for her to realize she had to stop drinking. *Smashed* is an astonishing literary debut destined to become a classic.

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