



# Mama MIA: A Memoir

*Mia Freedman*

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## **Mama MIA: A Memoir** Mia Freedman

Mia Freedman was always in a hurry to kick her big life goals. And when she became editor of Cosmopolitan at 24 and had a baby a few months later, she thought she was right on track. But when things unexpectedly fell apart, she was forced to face a few uncomfortable truths about who she was and what she wanted to do with her life. Over the next decade, she would experience some dazzling career highs and some devastating personal lows. She would leave the glamorous world of magazines for a high-profile new job that exploded in her face. She would lose all her confidence and then -- eventually -- find it again in an unexpected place. She would make mistakes at work and at home, and she would learn some surprising lessons about what made her happy. As a writer, magazine editor, popular blogger and media personality, Mia has been called the voice of her generation. Mama Mia is her story so far.

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