



Functional Foods and Nutraceuticals in Cancer Prevention

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Cancer is a leading cause of death among adults but research shows that the chances of developing cancer can be reduced by lifestyle changes. Increasing numbers of people use dietary vegetables, medicinal herbs, and plant extracts to prevent or treat cancer. Their availability as "over the counter" supplements has contributed to an explosion in the use of herbal extracts and related compounds for health enhancement.

This vital resource brings together the worlds leading experts' research, their conclusions and recommendations on functional foods and nutraceuticals in the prevention and treatment of cancer. Research professionals, academics, hospital-based dietitians, nutritionists, oncology physicians, cancer researchers, marketers and food and drug officials are just a few of the key people who need this book.

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