

The Road to Shine: A Story of Adventure, Life Lessons, and My Quest for More

Laurie Gardner



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For anyone who's ever sensed that there must be something more . . . let the adventure begin.

Using her own personal, professional, and exotic travel experiences, Laurie Gardner shows how we can derive life-changing insights and essential personal growth from any situation. Most importantly, we discover how to connect with our deepest desires and our highest selves, learning to honor our own intuition and truth.

Laurie Gardner has Harvard degrees in comparative world religions, psychology, and education. She dedicated her career to spearheading an international public school reform movement and is a master practitioner in body/mind/spirit wellness.

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