



What is Stevia?: Benefits for Diabetics, Stevia Sweetleaf, Growing Stevia, Recipes with Stevia

Jeen van der Meer

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What Is Stevia?

Because stevia has become so popular, there are a lot of questions concerning stevia.

Stevia is 100% natural therefore it has no additives.

In this book I list the benefits of stevia.

Things like:

- Weight Loss using Stevia
- Stevia for diabetics as does stevia not effect blood sugar values
- Growing stevia plants at home
- The right use of stevia
- How to use stevia

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Melanie Archer:

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precious person. By looking up and review this guide you can get many advantages.

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