



Working Class Mystic: A Spiritual Biography of George Harrison

Gary Tillery

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John Lennon called himself a working class hero. George Harrison was a working class mystic. Born in Liverpool as the son of a bus conductor and a shop assistant, for the first six years of his life he lived in a house with no indoor bathroom. This book gives an honest, in-depth view of his personal journey from his blue-collar childhood to his role as a world-famous spiritual icon.

Author Gary Tillery's approach is warmly human, free of the fawning but insolent tone of most rock biographers. He frankly discusses the role of drugs in leading Harrison to mystical insight but emphasizes that he soon renounced psychedelics as a means to the spiritual path. It was with conscious commitment that Harrison journeyed to India, studied sitar with Ravi Shankar, practiced yoga, learned meditation from the Maharishi Mahesh Yogi, and became a devotee of Hinduism. George worked hard to subdue his own ego and to understand the truth beyond appearances. He preferred to keep a low profile, but his empathy for suffering people led him to spearhead the first rock-and-roll super event for charity. And despite his wealth and fame, he was always delighted to slip on overalls and join in manual labor on his grounds. At ease with holy men discussing the Upanishads and the Bhagavad Gita, he was ever the bloke from Liverpool whose father drove a bus, whose brothers were tradesmen, and who had worked himself as an apprentice electrician until the day destiny called.

Tillery's engaging narrative depicts Harrison as a sincere seeker who acted out of genuine care for humanity and used his celebrity to be of service in the world. Fans of all generations will treasure this book for the inspiring portrayal it gives of their beloved "quiet" Beatle.

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