



Mike Brewer's Warm-ups! (Faber Edition)

Mike Brewer

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This is an indispensable handbook for singers and choral directors. Warm-Ups are a series of activities that get the body and brain into gear, reinforce healthy and effective singing practice and are above all - fun! With over 200 warm-up ideas, including seventy musical examples, you will find an abundance of ideas in Mike Brewer's characteristically lively and innovative style. Divided into 36 practical sessions, arranged progressively, each is packed full with physical and mental activities to tackle all aspects of vocal technique, including:

- Posture
- Breathing
- Sound-making
- Velocity, virtuosity and flexibility
- Range, register and resonance
- Harmony and blend
- Body, mind and spirit.

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