



Clearing Clutter: Physical, Mental, and Spiritual

Alexandra Chauran

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Discover how to clear clutter in every aspect of your life: physical, mental, and spiritual. Remove junk from your living space with feng shui techniques. Rid yourself of mental clutter and restore balance with meditation exercises. Organize spiritual untidiness and find deeper meaning with tips and guidance from psychic professional Alexandra Chauran.

Clearing Clutter is your perfect guide to letting go of unnecessary attachments and living in peace and tranquility. With simple steps, you can create change and achieve balance in your life. Through easy yet powerful exercises and techniques, clutter can be permanently cleared, making you happier and more productive in all that you do.

Praise:

"Clearing all three aspects—physical, mental, spiritual—is the only way to achieve the balance necessary to live a satisfying life. Written in an upbeat, conversational tone, Chauran's guidance is easy to hear." —Anna Jedrzewski, *Retailing Insight*

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