



# How to Make Your Care Home Fun: Simple Activities for People of All Abilities

*Kenneth Agar*

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## **How to Make Your Care Home Fun: Simple Activities for People of All Abilities** Kenneth Agar

As we grow older, our need to be engaged in interesting activities does not diminish and is vital to our quality of life. 'How to Make Your Care Home Fun' examines the need for activities for elderly people in care and offers a practical programme of entertaining activities that can be used in nursing and residential homes, day centres, rehabilitation centres and hospices. As well as suggesting a programme of activities for older people in care homes including arts and crafts, role-playing, gardening and cooking, it also takes the stance that 'activity nursing' should be integral to all personal care plans and not simply regarded as an add on to medical care. The author also examines how care homes are run and regulated in the light of recent legislation and considers the services provided by care homes and areas of potential deficiency. The book offers a wide selection of activities that can be used with people of all abilities and have greatly improved quality of life for elderly people in care. Highlighting the value of nursing that caters for an individual's physical, mental and emotional needs, this book is an ideal resource for care home professionals and anyone who is responsible for the well-being of elderly people in care.

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