



Romancing the Bean: Essentials for Creating Vegetarian Bean Dishes

Joanne Saltzman

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In this companion book to *Amazing Grains*, Joanne Saltzman applies her unique approach to a wide variety of dried beans. Saltzman explores the fundamentals of dried-bean cooking, explains seasonings, soaking, different types of preparation, each bean's unique attributes and taste, and provides more than sixty kitchen-tested recipes that showcase them in a variety of dishes. Also included are recipes for tofu and tempeh, two processed forms of soybeans.

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