



## **Sisters by Heart: Partners in Aging, A Memoir**

*Kay Amsden, Mary Lou Fuller, Jim Dugan*

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# Sisters by Heart: Partners in Aging, A Memoir

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Two women who value the presence of each other in their lives; who feel good about being women; who honor their experiences and feel moved to share them. The chance meeting of two 50-year old women from diverse backgrounds leads to a communion of caring and respect. As they embark on ever-strengthening support for one another and as the certainty of aging draws ever closer, they discover a commonality of spirit and depth of devotion that has sustained them for over twenty years. The knowledge that rather than wither on the vine in their seventies, they are listening to the crones within and are ripening into springtimes still to be shared.

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