



# Breathe: Living a Purposeful Life with Cystic Fibrosis

Jake Shavers

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## Breathe: Living a Purposeful Life with Cystic Fibrosis

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#### Breathe: Living a Purposeful Life with Cystic Fibrosis Jake Shavers

Breathe: Living a Purposeful Life with Cystic Fibrosis ©, is the inspirational autobiography of Jake Shavers. At 41 years old, Jake Shavers is beating the odds. Born with Cystic Fibrosis, a genetic chronic disease that affects the lungs and digestive system, he bravely fights the debilitating illness. Given the statistics, he was not expected to live to see the age of 20. Even now, he has faced and conquered near-death experiences 5 times. Against all odds, including a double lung transplant and a kidney transplant, Jake continues to thrive. His positive attitude and conviction in his faith gave him the strength and courage to compete in a half-marathon, exercise daily and give back through his work with children and adults facing similar situations. Jake attributes his success to his faith and knows he is here for a very special reason.



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