

Cognitive Therapies in Action: Evolving Innovative Practice (Jossey-Bass Social & Behavioral Science)

Kevin T. Kuehlwein, Hugh Rosen

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With original chapters from renowned therapists and scholars, Cognitive Therapies in Action is a comprehensive guide to the theories and practices of the masters in the field. This book offers important tips on how to apply a range of innovative strategies, interventions, and techniques to professional practice.



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