



# HEALTHY LOVE RELATIONSHIP: LEARN HOW

*DR. THOMAS JORDAN*

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## HEALTHY LOVE RELATIONSHIP: LEARN HOW DR. THOMAS JORDAN

Everyone knows people who are struggling with unhealthy love relationships. I used to be one. Now I'm a happily married clinical psychologist who specializes in helping people repair their love lives. My name is Dr. Thomas Jordan. I've been doing this kind of work in my Manhattan private practice for more than 25 years. I chose this specialty because I realized that the condition of a person's love life has a lot to do with mental and physical health. Now my goal is to share with the public what I've learned that has helped my patients (and me) form and sustain a healthy love relationship. I wrote Healthy Love Relationship: Learn How so that my readers could identify the essential ingredients of a healthy love relationship while learning how to make their love lives healthier. The first and most important place to learn about love is in our families of origin. You might think of the Healthy Love Relationship as my way of giving your family a little help with your love life education.

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