



Invoking the Scribes of Ancient Egypt: The Initiatory Path of Spiritual Journaling

Normandi Ellis, Gloria Taylor Brown

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Tools to powerfully write about and manifest your life using the power found in the sacred sites of ancient Egypt

- Reveals how to create meaning from one's life experiences and manifest new destinies through spiritual writing
- Contains meditations and creative writing exercises exploring sacred themes in the Egyptian Book of the Dead and other hieroglyphic texts of ancient Egypt
- Shares transformative and inspiring pieces written by those who've attended the authors' Egyptian sacred tours

Within each of us is a story, a sacred story that needs to be told, of our heroic efforts and of our losses. The scribes of ancient Egypt devoted their lives to the writing of sacred stories. These technicians of the sacred were masters of hieroglyphic thinking, or heka--the proper words, in the proper sequence, with the proper intonation and the proper intent. Learning heka provided scribes with the power to invoke and create worlds through their words and thoughts. To the writer, heka is a magical way to create meaning from experience. Through heka we manifest new visions and new relationships to ourselves and to others. We can make new art filled with beauty and light.

Revealing the spiritually transformative power of writing, the authors take us on a journey of self-discovery through the sacred sites of Egypt, from the Temple of Isis to the Great Pyramid of Giza. Through meditations and creative writing exercises exploring the powerful themes found in the hieroglyphic texts of ancient Egypt and the Egyptian Book of the Dead, they show how, through writing, we can live beyond the ordinary, give our dreams form, and discover who we really are and what our lives really mean. Sharing transformative and inspiring pieces written by those who've attended their Egyptian sacred tours, the authors reveal how writing your spiritual biography allows you to reconnect to the creativity and divine within, face your fears, offer gratitude for what you have, manifest new destinies, and recognize your life as part of the sacred story of Earth.

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