



# Impulse Control Disorders

*Elias Aboujaoude MD, Lorrin M. Koran MD*

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## **Impulse Control Disorders** Elias Aboujaoude MD, Lorrin M. Koran MD

In the last decade, much needed attention and research has been focused on the group of psychiatric conditions termed ,Äðimpulse control disorders,Äô or ICDs. Pathological gambling, compulsive shopping, kleptomania, hypersexuality, Internet ,Äðaddiction,Äô, among other disorders, are characterized by a recurrent urge to perform a repetitive behavior that is gratifying in the moment but causes significant long-term distress and disability. Despite the high rate of co-morbidity with obsessive compulsive disorder, ICDs are now clearly distinguished from these disorders with a unique clinical approach for diagnosis and treatment. A wide array of psychopharmacologic and psychotherapeutic options is now available for treating these disorders. Drs Elias Aboujaoude and Lorrin M. Koran have collated the world,Äôs foremost experts in ICD research and treatment to create a comprehensive book on the frequency, evolution, treatment, and related public policy, public health, forensic, and medical issues of these disorders. This is the first book to bring together medical and social knowledge bases related to impulse control disorders.

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Playing with family in a park, coming to see the ocean world or hanging out with buddies is thing that usually you will have done when you have spare time, and then why you don't try factor that really opposite from that. One particular activity that make you not sensation tired but still relaxing, trilling like on roller coaster you already been ride on and with addition details. Even you love Impulse Control Disorders, you may enjoy both. It is excellent combination right, you still want to miss it? What kind of hangout type is it? Oh come on its mind hangout folks. What? Still don't understand it, oh come on its known as reading friends.

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