



Tae Kwon Do: My Life and Philosophy

Yeon Hwan Park

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Tae Kwon Do: My Life and Philosophy Yeon Hwan Park

Uses examples from the author's own life to illustrate how principles of Tae Kwon Do affect every part of a practitioner's life and how they have helped him through cultural, financial, and personal obstacles. This work covers topics including: Teaching Tae Kwon Do; Performing community service; and, What Tae Kwon Do teaches children.

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