



The Big Book of Vegetarian Recipes: More Than 700 Easy Vegetarian Recipes for Healthy and Flavorful Meals

Rachel Rappaport

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Delicious vegetarian recipes your whole family will love!

With *The Big Book of Vegetarian Recipes*, you can create hundreds of healthy and delicious meals knowing that each one is not only meatless, but also packed with flavorful, nutrient-rich ingredients that will satisfy your entire family. Covering everything from breakfast staples to vegetarian versions of your favorite entrees, this cookbook offers more than 700 mouthwatering, meat-free recipes like:

- Roasted vegetable frittata
- Southwest corn chowder
- Manchego-potato tacos with pickled jalapenos
- Polenta-style grits with wild mushroom ragout
- Orecchiette with roasted peppers, green beans, and pesto
- Apple-walnut upside-down pie

These simple, vegetarian recipes make it easy to indulge in the tastes you love without ever feeling an ounce of guilt or worry!

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Robert Perkins:

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Nicholas Gober:

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