



The Goodbye Year: Wisdom and Culinary Therapy to Survive Your Child's Senior Year of High School (and Reclaim the You of You)

Toni Piccinini

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For many mothers, a child's senior year brings about a serious look back on the past eighteen. Every event—from Halloween to Mother's Day—becomes The Last Time.

Toni Piccinini knows exactly what that's like, and in *The Goodbye Year*, she offers the loving support every soon-to-be Empty Nester needs. Think of Toni as your bossy-but-loving Italian auntie, with modern sensibilities and a packed pantry. With the wisdom she's acquired from saying goodbye three times to her own children, she reassuringly holds your hand while encouraging you through the insanity of the college application process, the rejections and the acceptances, and the teary dorm drop-offs. Even better, she reminds every mother that the best is yet to come—freedom, creativity, flexibility, and the Me Years.

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